

## Parakeppni

Nafn	Félag/Klúbbur	Hlaup 1	Hlaup 2	Hlaup 3	Hlaup 4	Hlaup 5	Hlaup 6	Hlaup 1	Hlaup 2	Hlaup 3	Hlaup 4	Hlaup 5	Hlaup 6	Samtals
		Tími	Tími	Tími	Tími	Tími	Tími	Stig	Stig	Stig	Stig	Stig	Stig	
Sigurgísú Gíslason	Hlaupahópur Sigga P.	36:23	37:54	36:56	38:14									
Íris Anna Skúladóttir	Hlaupahópur Sigga P.	39:19	39:37	39:10	40:49									
	<b>Samtals</b>	<b>75:42</b>	<b>77:31</b>	<b>76:06</b>	<b>79:03</b>			<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>			<b>40</b>
Grétar Snorrason	Hlaupahópur FH	38:50	39:04		40:41	38:39								
Þóra Gísladóttir	Hlaupahópur FH	44:31	46:33		47:13	43:54								
	<b>Samtals</b>	<b>83:21</b>	<b>85:37</b>		<b>87:54</b>	<b>82:33</b>		<b>9</b>	<b>9</b>		<b>9</b>	<b>10</b>		<b>37</b>
Valur Þór Kristjánsson	ÍR Skokk	38:54		38:22	41:31	37:46								
Fjóla Dröfn Guðmundsdóttir	ÍR Skokk	51:29		52:30	55:49	51:07								
	<b>Samtals</b>	<b>90:23</b>		<b>90:52</b>	<b>97:20</b>	<b>89:53</b>		<b>8</b>		<b>9</b>	<b>8</b>	<b>9</b>		<b>34</b>
Bjarki Lúðvíksson	Náttúruhlaup	43:05	44:44	43:31	45:28	43:52								
Rannveig Björk Guðjónsdóttir	Náttúruhlaup	49:08	52:49	51:41	53:37	51:25								
	<b>Samtals</b>	<b>92:13</b>	<b>97:33</b>	<b>95:12</b>	<b>99:05</b>	<b>95:17</b>		<b>6</b>	<b>7</b>	<b>8</b>		<b>6</b>		<b>27</b>
Alexander Eck	Valur Skokk		42:52	42:54	46:32	43:33								
Helga Attadóttir	Valur Skokk		55:07	54:33	57:02	53:21								
	<b>Samtals</b>		<b>97:59</b>	<b>97:27</b>	<b>103:34</b>	<b>96:54</b>			<b>5</b>	<b>7</b>	<b>6</b>	<b>5</b>		<b>23</b>
Alexander Jóhannesson		45:58	45:19	43:36	43:43									
Ebba Karen Garðarsdóttir	UFA	58:49	57:59	55:01	54:59									
	<b>Samtals</b>	<b>104:47</b>	<b>103:18</b>	<b>98:37</b>	<b>98:42</b>			<b>1</b>	<b>3</b>	<b>6</b>	<b>7</b>			<b>17</b>
Bjarni Kristinsson	Víkingur	40:02	40:52		45:20	40:41								
Ingunn Loftsdóttir	Víkingur	56:58	60:09		64:07	57:38								
	<b>Samtals</b>	<b>97:00</b>	<b>101:01</b>		<b>109:27</b>	<b>98:19</b>		<b>4</b>	<b>4</b>		<b>4</b>	<b>4</b>		<b>16</b>
Sigríður Kristjánsdóttir		45:58	45:54											
Sverrir Ólafur Torfason	Vegferðin	46:02	45:44											
	<b>Samtals</b>	<b>92:00</b>	<b>91:38</b>					<b>7</b>	<b>8</b>					<b>15</b>
Atli Snær Jóhannsson	Team Evolv	47:12	47:30	50:19										
Katrín Viktoría Hjartardóttir	Team Evolv	52:57	50:17	53:44										
	<b>Samtals</b>	<b>100:09</b>	<b>97:47</b>	<b>104:03</b>				<b>3</b>	<b>6</b>	<b>4</b>				<b>13</b>
Sveinn Bjarki Þórarinnsson	Hlaupahópur FH	46:07	55:48	45:27	47:58									
Kolbrún Kristínardóttir	Hlaupahópur FH	56:36	55:48	54:19	59:34									
	<b>Samtals</b>	<b>102:43</b>	<b>111:36</b>	<b>99:46</b>	<b>107:32</b>			<b>2</b>		<b>5</b>	<b>5</b>			<b>12</b>
Jón Eypór Gottskálksson	Crossfit Reykjavík					44:36								
Birna Ósk Valtýsdóttir	Fjallahlaupaþjálfun					46:42								
	<b>Samtals</b>					<b>91:18</b>						<b>8</b>		<b>8</b>
Davíð Björnsson	Fjallahlaupaþjálfun					38:56								
Særún Sigurpálsdóttir	Skokkhópur Queen Sæsu					55:34								
	<b>Samtals</b>					<b>94:30</b>						<b>7</b>		<b>7</b>
Hilmar Jónsson	Áfram að markinu	46:20	47:40	54:01	53:59	57:06								
Giedre Razgute		58:34	56:30	56:13	58:29	57:06								
	<b>Samtals</b>	<b>104:54</b>	<b>104:10</b>	<b>110:14</b>	<b>112:28</b>	<b>114:12</b>		<b>1</b>	<b>2</b>		<b>3</b>			<b>6</b>

